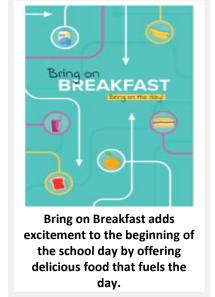
What's on the Menu?

Lincoln Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
31 Bacon, Egg, & Cheese on a Biscuit	1 Egg & Cheese on an English Muffin	Pancakes Breakfast Syrup	Blueberry Smoothie Blueberry Muffin	Ham, Egg, & Cheese on an English Muffin
7 Chicken Sausage, Egg & Cheese on an English Muffin	Waffles With Warm Blueberries	9 Breakfast Burrito Ham, Egg & Cheese	Strawberry Breakfast Yogurt Parfait with Granola	Egg & Cheese on an English Muffin
14		SPRING	17	18
21 Ham & Egg on a Bagel	French Toast Breakfast Syrup	Egg & Cheese on an English muffin	Very Berry Breakfast Yogurt Parfait with Granola	25 Bacon, Egg & Cheese on a Biscuit
28 Turkey Ham, Egg, & Cheese on a Bagel	Pancakes Warm Apple slices Breakfast Syrup	30 Breakfast Pizza Eggs, Bacon, Onions, Green Peppers	Strawberry Smoothie Blueberry Muffin	Egg & Cheese Wrap

Daily Offerings

Assorted Cereals
Assorted Shribark
Muffins
Bagels
Fresh Fruit, Chilled Fruit
Craisins, Raisins
100% Fruit Juice
1% Low Fat Milk
Fat Free Chocolate Milk







Locally Grown



